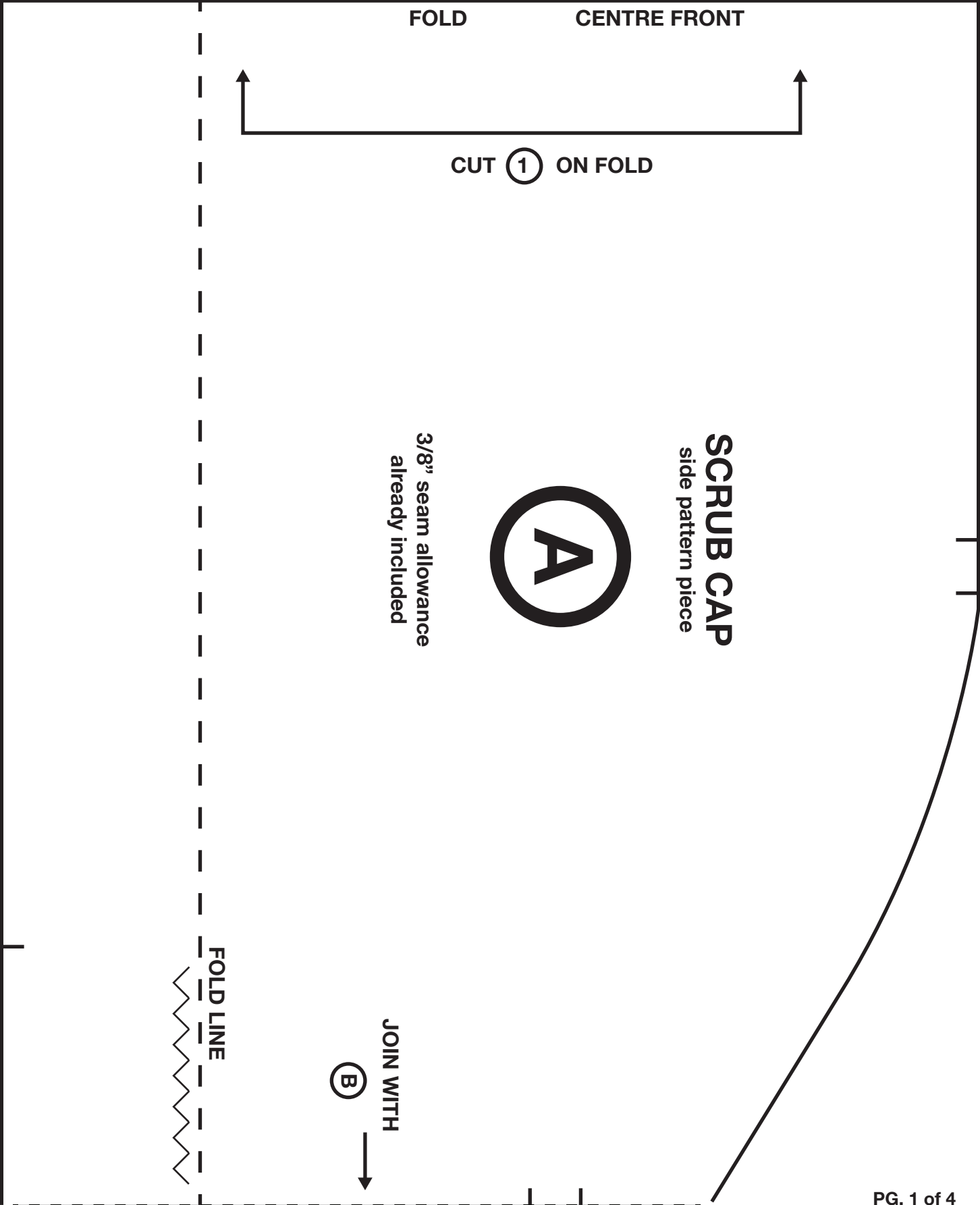
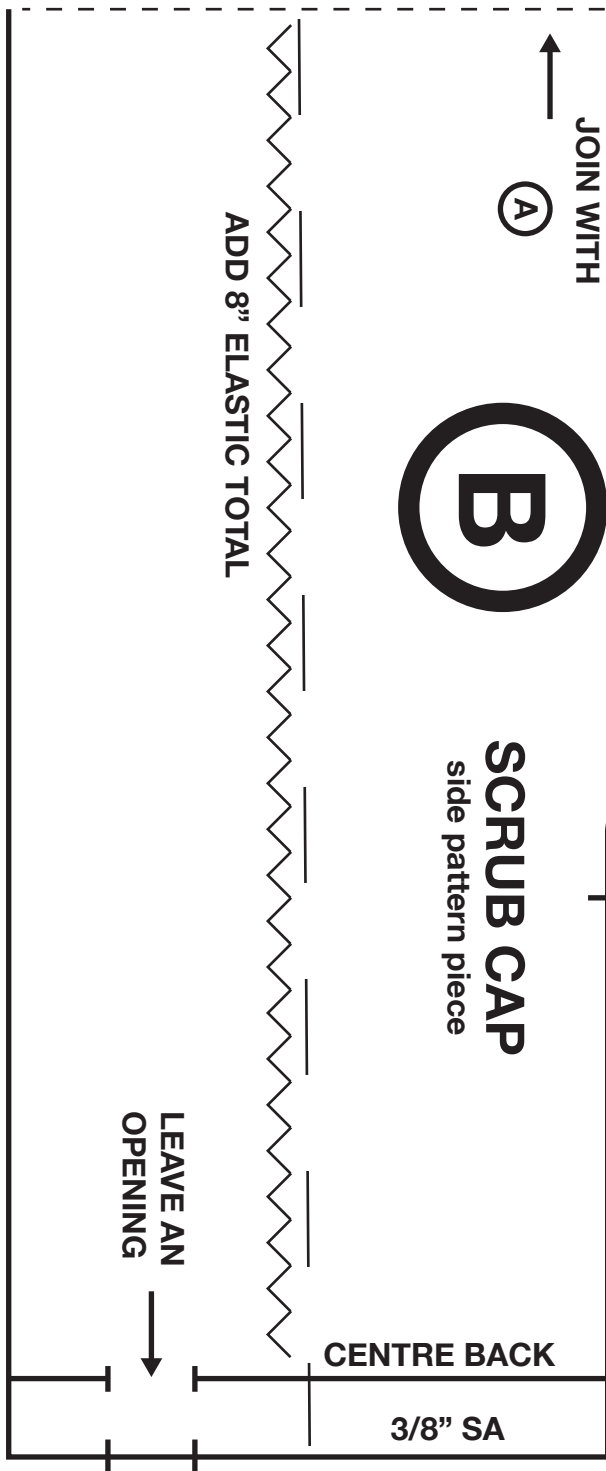


THE SEWING ARMY  
NURSES' SCRUB CAP





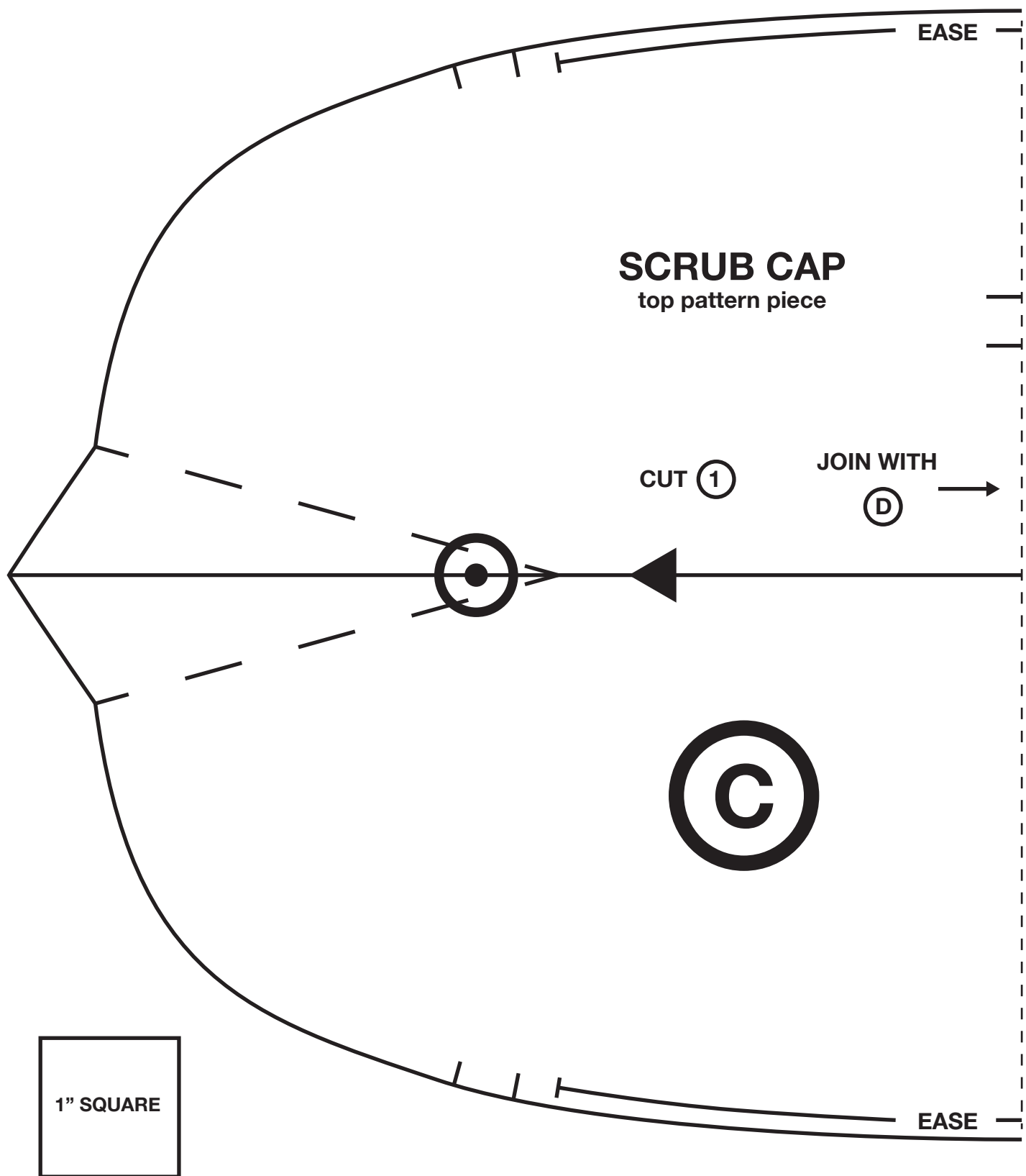
SIZE REFERENCE  
\* PRINT WITH  
“ACTUAL SIZE” SETTING

### YOU NEED:

- approx. 1/2m of fabric (tight weave cotton)
- 8" elastic
- 40" twill tape for drawstring (or make 3/8" fabric tie)
- 3/8" SA everywhere

### HOW TO MAKE:

- join pattern pieces together A+B and C+D - cut out ① piece for each pattern piece with notches
- press up on fold line on side piece (A+B) (makes it easier later)
- sew CB seam on side piece 3/8" SA - leave opening for drawstring
- sew dart (with curve) on top piece (C+D)
- sew top piece to side piece  
Note: ease within notches 3/8" SA
- serge or zig zag all raw edges
- sew 8" elastic at foldline on inner edge between side notches
- knot drawstring together at end and place in folded channel with knot through opening in CB seam
- top stitch folded edge up all the way around the cap
- press seams



SIZE REFERENCE  
\* PRINT WITH  
"ACTUAL SIZE" SETTING

